



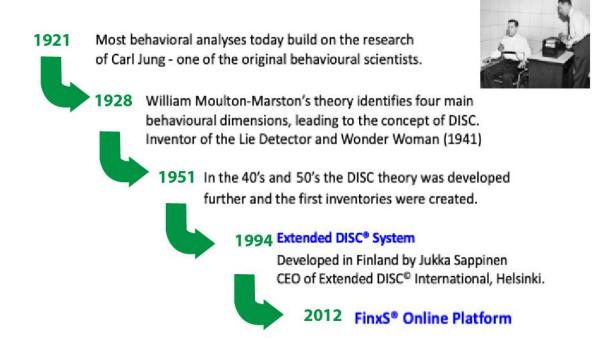
EDISC PROFILE



Everything that irritates us about others can lead us to an **understanding of ourselves**

Carl Jung

HISTORY OF EDISC.



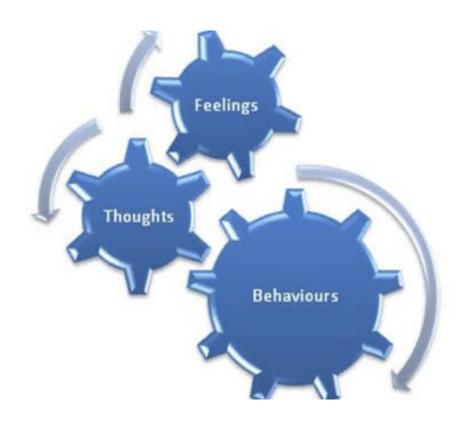
SOME APPLICATIONS.

- Recruitment
- Motivation
- Performance Reviews
- Improving Communication
- Change Management
- Coaching
- Improving Sales Results
- Leadership Development
- Self development
- Mergers and Acquisitions

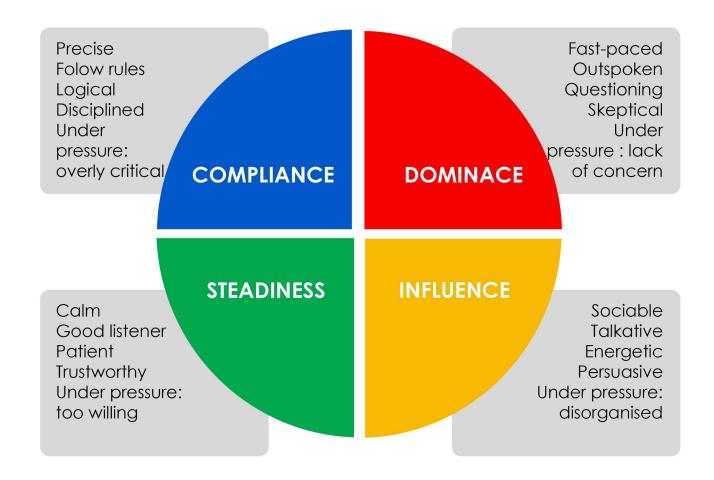
WHAT IS BEHAVIOUR?

Human behaviour is experienced throughout an individual's entire lifetime. It includes the way they act based on different factors such as: genetics, social norms, core faith and attitude.

Behaviour is impacted by certain traits each individual has. The traits vary from person to person and can produce different actions or behaviours from each person.



THE FOUR MAIN BEHAVIOURS.



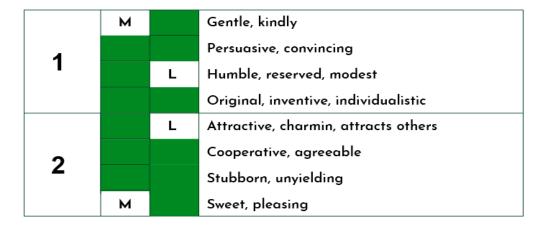
EDISC PROFILE INSTRUCTIONS

Before you start, think of a situation in which you are focused/making decisions. E.g. At work/working on a project. Not 'at home watching TV'

This exercise takes 8 minutes.

- 1. In each section, select one group from the list of adjectives that describe you. Type M for MOST in the left hand column and L for LEAST in the right hand column
- 2. Most will be the adjectives that describe you the MOST Least will be the adjectives that describe you the LEAST
- 3. For each of the section, only type one MOST (M) and one LEAST (L)

Take a look at the example below



Once you've completed your profile, save and send your results through to me at <a href="mailto:emmail

Book your unpack session here:

https://calendly.com/newwings/edisc-profile-unpack

EDISC PROFILE

(Dominance, Influence, Steadiness, Compliance)

	DISC (Dominance, Influence, Steadiness, Compliance)							
	M	L			M	L		
1			Gentle, kindly	5			Jovial, joking	
			Persuasive, convincing				Precise, exact	
			Humble, reserved, modest				Nervy, gutsy, brazen	
			Original, inventive, individualistic				Even-tempered, calm, not easily excited	
2			Attractive, charming, attracts others	6			Competitive, seeking to win	
			Cooperative, agreeable				Considerate, caring, thoughtful	
			Stubborn, unyielding				Outgoing, fun-loving, socially striving	
			Sweet, pleasing				Harmonious, agreeable	
3			Easily led, follower	7			Fussy, hard to please	
			Bold, daring				Obedient, will do as told, dutiful	
			Loyal, faithful, devoted				Unconquerable, determined	
							Playful, frisky, full of fun	
4			Open-minded, receptive	8			Brave, unafraid, courageous	
			Obliging, helpful				Inspiring, stimulating, motivating	
			Willpower, strong-willed				Submissive, yielding, gives in	
			Cheerful, joyful				Timid, shy, quiet	

9	Sociable, enjoys the company of others	14	Cautious, wary, careful
	Patient, steady, tolerant		Determined, decided, unwavering, stand firm
	Self-reliant, independent		Convincing, assuring
	Soft-spoken, mild, reserved		Good-natured, pleasant
10	Adventurous, willing to take chances	15	Willing, go along with
	Receptive, open to suggestions		Eager, anxious
	Cordial, warm, friendly		Agreeable, consenting
	Moderate, avoids extremes		High-spirited, lively, enthusiastic
11	Talkative, chatty	16	Confident, believes in self, assured
	Controlled, restrained		Sympathetic, compassionate, understanding
	Conventional, doing it the usually way		Tolerant
	Decisive, certain, firm in making decision		Assertive, aggressive
12	Polished, smooth-talker	17	Well-disciplined, self-controlled
	Daring, risk-taker		Generous, willing to share
	Diplomatic, tactful to people		Animated, uses gestures for expression
	Satisfied, content, pleased		Persistent, unrelenting, refuses to quit
13	Aggressive, challenger, takes action	18	Admirable, deserving of praise
	Life of the party, entertaining, outgoing		Kind, willing to give or help
	Easy mark, easily taken advantage of		Resigned, gives in
	Fearful, afraid		Force of character, powerful

	DISC (Dominance, Influence, Steadiness, Compliance)								
	M	L			M	L			
19			Respectful, shows respect	22			Good mixer, likes being with others		
			Pioneering, exploring, enterprising				Cultured, educated, knowledgeable		
			Optimistic, positive view				Vigorous, energetic		
			Accommodating, willing to please				Lenient, not overly strict, tolerant of others		
20			Argumentative, confronting	23			Companionable, easy to be wit		
			Adaptable, flexible				Accurate, correct		
			Nonchalant, casually indifferent, unconcern				Outspoken, speaks freely and boldly		
			Light-hearted, carefree				Restrained, reserved, controlled		
21			Trusting, faith in others	24			Restless, unable to rest or relax		
			Contented, satisfied				Neighborly, friendly		
			Positive, admitting no doubt				Popular, liked by many or most people		
			Peaceful, tranquil				Accommodating, willing to please		

THE D STYLE = DOMINANCE

MOST ASSERTIVE OF THE STYLES

Likes shaking up the environment and overcoming opposition to get results. Loves challenges and change. Definitely likes to lead and be in charge to make things happen.





DESCRIPTIVE TERMS: Project leader, idea creator, pioneer, changer, thinks future, adventurous, initiator

COLOUR RED: Is a symbol of fire, activeness and forcefulness symbolising the strong and self determined character of the D

IDENTIFYING THE D-STYLE

- Can seem in a hurry
- Short concentration span doesn't listen long
- Doesn't hesitate to make decisions
- Shows emotions on their face as they listen
- Can come across as blunt or overbearing
- Body language is confident
- Can exceed or overstep their authority at times

- Loves change- see it as a necessity!
- They want to be the first
- Leaps without thinking through consequences
- Wants things done yesterday so may move too quickly and not offer the support to other styles that may require assistance to change.

THE I STYLE = INFLUENCE

MOST SOCIAL OF THE STYLES

Likes connecting and interacting with others so they gain energy from them.

Often enjoys being the center of attention and loves teamwork. Sees the positive side of life and people, therefore often comes across as happy and fun.



DESCRIPTIVE TERMS: Stimulator, performer, optimist, idea generator, outgoing, happy **COLOUR YELLOW:** Reflects the shiny, open, positive atmosphere often associated with the I

IDENTIFYING THE I-STYLE

- Puts people at ease quickly tells stories
- Initiates friendly, open conversations
- Is animated in their speech and gestures
- Seems to laugh or smile a lot positive
- Can have sporadic eye contact as they're distracted easily
- Short concentration span
- Fast paced can be a bit frantic and hasty under pressure

- Loves change- find change exciting and fun- hate the same routine day in day out
- Consider the effects of change on others
- Can promote change in a positive way but may not consider details

THE S STYLE = STEADINESS

MOST OUTWARDLY CALM OF THE STYLES

Likes a steady and safe environment so tends to not like change or surprises. Fairness and justice are important. Often agreeable on the surface. Can tend to focus on the negatives. A very reliable and steady person.



DESCRIPTIVE TERMS: A doer, family oriented, happy to follow, helpful, balancing force, good instructor, deliberate, stable, systematic, thoughtful

COLOUR GREEN: The green is a symbol of harmonious, gentle and environment caring behaviour of the S-style.

IDENTIFYING THE S-STYLE

- Proceeds cautiously
- Tends to listen and nod to show they're listening even when they are disagreeing
- Is calm on the outside
- Not particularly excitable or animated
- Slower paced
- Won't interject or talk over the top of you
- Discusses opinions only if asked

- Often requires a lot of information to support the change
- Often slower and at times resistant to change as they like routine and structure
- If things are working fine now why change?

THE C STYLE = COMPLIANCE

MOST CAUTIOUS OF THE STYLES

Likes things to be correct, in logical order and have a lot of detail. Avoids mistakes, strives for perfection. Tends to be very eager to learn if it contributes to their quality of work.

Tends to be perceived as a bit aloof and doesn't need a lot of people interaction.



COLOUR BLUE: It is associated with the clear, precise and clinical behaviours often associated with a C-style person.

IDENTIFYING THE C - STYLE

- Things are in order neat and tidy
- They focus on the details
- Polite in a diplomatic and formal way
- Generally quieter and more reserved
- Are comfortable with facts and figures
- Emotional conversations can be uncomfortable
- May not hold eye contact long

- Focuses of fact and information
- Looks to the rules and procedures
- Will support change if beneficial to efficiency. Otherwise doesn't tend to like a lot of change
- Needs a logical and systematic approach to change

Your Next Step:

RESERVE YOUR
COMPLIMENTARY
30-MIN COACHING SESSION
& PROFESSIONAL UNPACK
TODAY

https://calendly.com/newwings/edisc-profile-unpack





CURIOUS TO LEARN MORE?

Reserve Your FREE 30-Min Coaching Session & Professional Unpack Today (Valued \$297)

CONNECT WITH ME HERE:

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